

# American Specialty Health Networks

(Front Desk/Sales Use Only)



Your facility currently participates in American Specialty Health Networks, Inc. (ASH Networks) insurance reimbursement programs. The programs you support are:

- **Silver&Fit** (Medicare Health Plan members typically ages 65+)
- **Active&Fit** (Commercial Health Plan members ages 18-64)

- Eligible members will identify themselves through one of the ID cards shown below or a health plan ID card.
  - If a member does not have an ID card below or only has a health plan ID card, please call ASH Networks at **877-329-2746 option 1** to verify they are eligible for the program.
  - If your owner/manager has activated their ASHLink account, eligibility can also be confirmed via the Internet at [www.ASHLink.com](http://www.ASHLink.com).
- Once you have identified a member as being eligible, please sign them up on the standard membership contract with **zero** fees for enrollment, initiation, processing, or monthly dues. If you have an existing account with ASH Networks, there no longer is a need for the member to enroll with ASH Networks prior to offering them a membership contract.
- Ensure the contract is coded in the preferred way management has directed, such as “S&F” or “A&F.”
- Provide the member with the fitness facility’s membership card or key tag. If your facility does not have one, please use the sign-in sheet ASH Networks provided in your welcome packet.
- Every time the member comes in to use the facility, please have them swipe their membership card or sign in with the proper ASH Networks sign-in sheet in order to track member visits for billing.

Silver&Fit Program	Fitness Facility Information
Member Name: [NAME] Member ID: [XXXXXXX] Date of Birth: [XX / XX] (month/day) Effective Date: [XX / XX / XX] Web site: <a href="http://www.SilverandFit.com">www.SilverandFit.com</a>	Your selected fitness facility, effective [XX / XX / XX], is: [NAME] [ADDRESS] [PHONE #]
Temporary ID Card	Member Information
Web site: <a href="http://www.SilverandFit.com">www.SilverandFit.com</a> Silver&Fit Phone Number (Toll-free): 1-877-427-4788 (TTY/TDD 1-877-710-2746) Hours: Monday–Friday, 7 a.m.–8 p.m. Central time	Member Name: <NAME> Member ID: <XXXXXXX> Date of Birth: <XX / XX> (month/day) Effective Date: <XX / XX / XX>
Active&Fit Program	Fitness Facility Information
Member Name: <NAME> Member ID: <XXXXXXX> DOB: <XX / XX / XX> Effective Date: <XX / XX / XX> Web site: <a href="http://www.ActiveandFit.com">www.ActiveandFit.com</a>	Your selected fitness facility, effective [XX / XX / XX], is: <NAME> <ADDRESS> <PHONE #>